Predicting inpatient clinical order patterns with probabilistic topic models vs conventional order sets

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ABSTRACT

Objective Build probabilistic topic model representations of hospital admissions processes and compare the ability of such models to predict clinical order patterns as compared to preconstructed order sets.

Materials and Methods The authors evaluated the first 24 hours of structured electronic health record data for > 10 K inpatients. Drawing an analogy between structured items (e.g., clinical orders) to words in a text document, the authors performed latent Dirichlet allocation probabilistic topic modeling. These topic models use initial clinical information to predict clinical orders for a separate validation set of > 4 K patients. The authors evaluated these topic model-based predictions vs existing human-authored order sets by area under the receiver operating characteristic curve, precision, and recall for subsequent clinical orders.

Results Existing order sets predict clinical orders used within 24 hours with area under the receiver operating characteristic curve 0.81, precision 16%, and recall 35%. This can be improved to 0.90, 24%, and 47% ($P < 10^{-20}$) by using probabilistic topic models to summarize clinical data into up to 32 topics. Many of these latent topics yield natural clinical interpretations (e.g., "critical care," "pneumonia," "neurologic evaluation").

Discussion Existing order sets tend to provide nonspecific, process-oriented aid, with usability limitations impairing more precise, patient-focused support. Algorithmic summarization has the potential to breach this usability barrier by automatically inferring patient context, but with potential tradeoffs in interpretability.

Conclusion Probabilistic topic modeling provides an automated approach to detect thematic trends in patient care and generate decision support content. A potential use case finds related clinical orders for decision support.

BACKGROUND AND SIGNIFICANCE

High-quality and efficient medical care requires clinicians to distill and interpret patient information for precise medical decisions. This can be especially challenging when the majority of clinical decisions (e.g., a third of surgeries to place pacemakers or ear tubes) lack adequate evidence to support or refute their practice.[1,2] Even after current reforms,[3] evidence-based medicine from randomized control trials cannot keep pace with the perpetually expanding breadth of clinical questions, with only ~11% of guideline recommendations backed by high-quality evidence.[4] Clinicians are left to synthesize vast streams of information for each individual patient in the context of a medical knowledge base that is both incomplete and yet progressively expanding beyond the cognitive capacity of any individual.[5,6] Medical practice is thus routinely driven by individual expert opinion and anecdotal experience.

The meaningful use era of electronic health records (EHRs)[7] presents a potential learning health system solution.[8–12] EHRs generate massive repositories of real-world clinical data that represent the collective experience and wisdom of the broad community of practitioners. Automated clinical summarization mechanisms are essential to organize such a large body of data that would otherwise be impractical to manually categorize and interpret.[13,14] Applied to clinical orders (e.g., labs, medications, imaging), such methods could answer "grand challenges" in clinical decision support[15] to automatically learn decision support content from clinical data sources.

The current standard for executable clinical decision support includes human-authored order sets that collect related orders around common processes (e.g., admission and transfusion) or scenarios (e.g., stroke and sepsis). Computerized provider order entry[16] typically occurs on an "à la carte" basis where clinicians search for and enter individual computer orders to trigger subsequent clinical actions (e.g., pharmacy dispensation and nurse administration of a medication or phlebotomy collection and laboratory analysis of blood tests). Clinician memory and intuition can be error prone when making these ordering decisions; thus, health system committees produce order set templates as a common mechanism to distribute standard practices and knowledge (in paper and electronic forms). Clinicians can then search by keyword for common scenarios (e.g., "pneumonia") and hope they find a preconstructed order set that includes relevant orders (e.g., blood cultures, antibiotics, chest X-rays).[17–19] While these can already reinforce consistency with best practices,[20–25] automated methods are necessary to achieve scalability beyond what can be conventionally produced through manual definition of clinical content 1 intervention at a time.[26]

Probabilistic topic modeling

Here we seek to algorithmically learn the thematic structure of clinical data with an application toward anticipating clinical decisions. Unlike a top-down rule-based approach to isolate preconceived clinical concepts from EHRs,[27] this is more consistent with bottom-up identification of patterns from the raw clinical data.[28] Specifically, we develop a latent Dirichlet allocation (LDA) probabilistic topic model[29–33] to infer the underlying "topics" for hospital admissions, which can then inform

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patient-specific clinical orders. Most prior work in topic modeling focuses on the organization of text documents ranging from newspaper and scientific articles[34] to clinical discharge summaries.[35] More recent work has modeled laboratory results[36] and claims data[37] or used similar low-dimensional representations of heterogeneous clinical data sources for the unsupervised determination of clinical concepts.[38–40] Here we focus on learning patterns of clinical orders, as these interventions are the concrete representation of a clinician's decision making, regardless of what may (or may not) be documented in narrative clinical notes and diagnosis codes.

In the analogous text analysis context, probabilistic topic modeling conceptualizes documents as collections of words derived from underlying thematic topics that define a probability distribution over topic-relevant words. For example, we may expect our referenced article on the "Scientific Evidence Underlying the American College of Cardiology (ACC)/ American Heart Association (AHA)"[2] to be about the abstract topics of "cardiology" and "clinical practice guidelines," weighted by respective conditional probabilities $P(\text{Topic}_{\text{Cardiology}}|\text{Document}_{\text{EvidenceACC/AHA}})$ and $P(\text{Topic}_{\text{Guidelines}}|\text{Document}_{\text{EvidenceACC/AHA}})$. Words we may expect to be prominently associated with the "cardiology" topic would include heart, valve, angina, pacemaker, and aspirin, while the "clinical practice guideline" topic may be associated with words like evidence, recommendation, trials, and meta-analysis. The relative prevalence of each word in each topic is defined by conditional probabilities $P(\text{Word}_i|\text{Topic}_j)$ in a categorical probability distribution. With the article composed as a weighted mixture of multiple topics, the document contents are expected to be generated from a proportional mixture of the words associated with each topic as determined by the conditional probability:

$$P(\text{Word}_i|\text{Document}_k) = \sum_{j=1}^{J} P\left(\text{Word}_i|\text{Topic}_j\right) * P\left(\text{Topic}_j|\text{Document}_k\right)$$

In practice, we are not actually interested in generating new documents from predefined word and topic distributions. Instead, we wish to infer the underlying topic and word distributions that generated a collection of existing documents. Such a body of documents can be represented as a word-document matrix where each document is a vector containing the frequencies of every possible word (Figure 1). Topic modeling methods factor this matrix based on the underlying latent topic structure that links associated words to associated documents. A precise solution to this inverted inference is not generally tractable, requiring iterative optimization solutions such as variational Bayes approximations[29] or Gibbs sampling.[31] This is closely related to other dimensionality-reduction techniques to provide low-rank data approximations,[41–43] with the probabilistic LDA framework interpreting the interrelated structure as conditional probabilities $P(\text{Word}_i|\text{Topic}_j)$ and $P(\text{Topic}_j|\text{Document}_k)$. Once this latent topic structure is learned, it provides a convenient, efficient, and largely interpretable means of information retrieval, classification, and exploration of document data.

Clinical data analogy

For our clinical context, we draw analogies between words in a document to clinical items occurring for a patient. The key clinical items of interest here are clinical orders, but other structured elements include patient demographics, laboratory results, diagnosis codes, and treatment team assignments. Modeling patient data as such allows us to learn topic models that relate patients to their clinical data. A patient receiving care for multiple complex conditions could then have his or her data separated out into multiple component dimensions (i.e., topics), as an "informative abstractive" approach to clinical summarization.[14] For example, we might use this to describe a patient hospital admission as being "50% about a heart failure exacerbation, 30%

Figure 1: Topic modeling as factorization of a word-document matrix.
Simulated data in the top-left reflects that the word "Heart" appears 12 times in the article "Evidence Underlying AHA." Factoring this full matrix into simpler matrices can discover a smaller number of latent dimensions that summarize the content. Topic modeling represents these latent dimensions as topics defining a categorical probability distribution of word occurrences in the topic-word matrix. This reveals the underlying statistical structure of the data, but an algorithmic process cannot itself provide meaning. By observing the most prevalent words in each topic axis, however, an underlying meaning is often interpretable (e.g., prevalence of the words "heart" and "aspirin" in the first topic axis implies a general topic of "Cardiology").
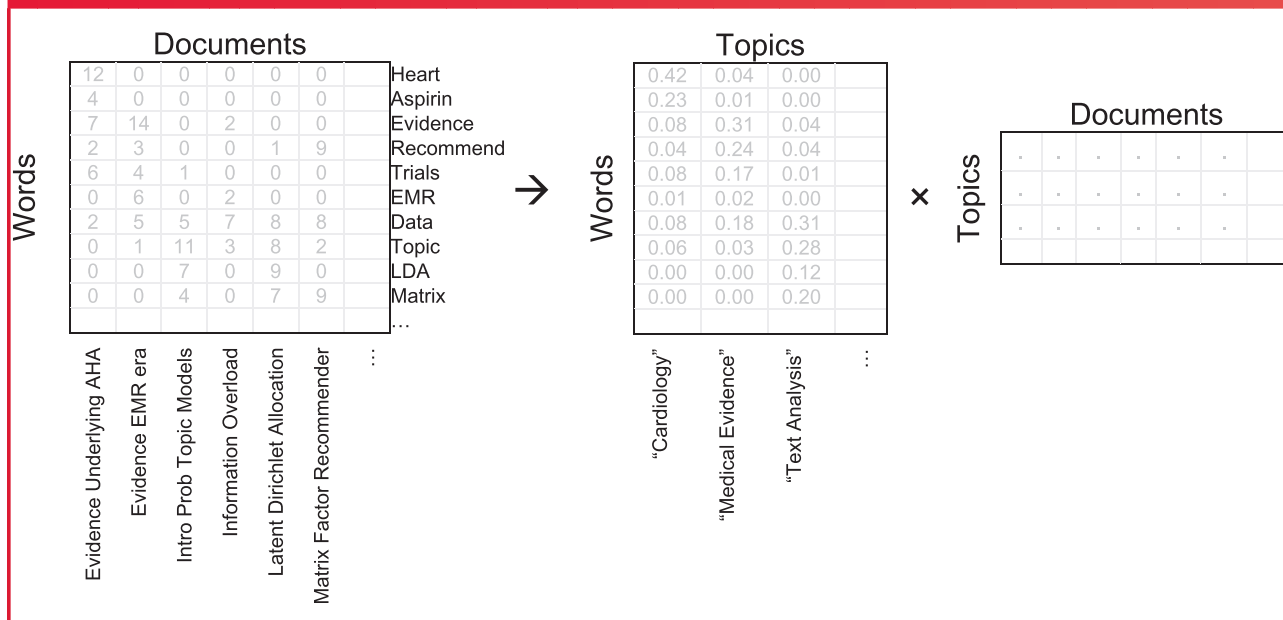
about pneumonia, and 20% about mechanical ventilation protocols." Prior work has accomplished similar goals of unsupervised abstraction of latent factors out of clinical records using varying methods.[38–40] Based on the distribution of clinical orders associated within such low-dimensional representations, we aim to impute additional clinical orders for decision support.

OBJECTIVE

Our objective is to evaluate the current real-world standard of care in terms of preauthored hospital order set usage during the first 24 hours of inpatient hospitalizations, build probabilistic topic model representations of clinical data to summarize the principal axes of clinical care underlying those same first 24 hours, and compare the ability of these models to anticipate relevant clinical orders as compared to existing order sets.

METHODS

We extracted deidentified patient data from the (Epic) EHR for all inpatient hospitalizations at Stanford University Hospital in 2013 via the Stanford Translational Research Integrated Database Environment (STRIDE) clinical data warehouse.[44] The structured data covers patient encounters from their initial (emergency room) presentation until hospital discharge. The dataset includes more than 20 000 patients with > 6.7 million instances of more than 23 000 distinct clinical items. Patients, items, and instances are respectively analogous to documents, words, and word occurrences in an individual document. The space of clinical items includes more than 6000 medication, more than 1500 laboratory, more than 1000 imaging and more than 1000 nursing orders. Nonorder items include more than 400 abnormal lab results, more than 7000 problem list entries, more than 5000 admission diagnosis ICD9 codes, more than 300 treatment team assignments, and patient demographics. Medication data was normalized with RxNorm mappings[45] down to active ingredients and routes of administration. Numerical lab results were binned into categories based on "abnormal" flags established by the clinical laboratory or by deviation of more than 2 standard deviations from the observed mean if "high" and "low" flags were not prespecified. We aggregated ICD9 codes up to the 3-digit hierarchy such that an item for code 786.05 would be counted as 3 separate items (786.05, 786.0, 786). This helps compress the sparsity of diagnosis categories while retaining the original detailed codes if they are sufficiently prevalent to be useful. The above preprocessing models each patient as a timeline of clinical item instances, with each instance mapping a clinical item to a patient time point.

With the clinical item instances following the "80/20 rule" of a power law distribution,[46] most items may be ignored with minimal information loss. Ignoring rare clinical items with fewer than 256 instances reduces the item vocabulary size from more than 23 000 to ~3400 (15%), while still capturing 6 million (90%) of the 6.7 million item instances. After excluding common process orders (e.g., check vital signs, notify MD, regular diet, transport patient, as well as most nursing orders and PRN medications), 1512 clinical orders of interest remain.

LDA topic modeling algorithms infer topic structures from "bag of words" abstractions that represent each document as an unordered collection of word counts (i.e., 1 column of the word-document matrix in Figure 1). To construct an analogous model for our structured clinical data, we use each patient's first 24 hours of data to populate an unordered "bag of clinical items," reflecting the key initial information and decision making during a hospital admission. We randomly selected 10 655 (~50%) patients to form a training set. We chose to use the GenSim package[47] to infer topic model structure, given its convenient implementation in Python, streaming input of large data corpora,

and parallelization to efficiently use multicore computing. Model inference requires an external parameter for the expected number of topics, for which we systematically generated models with topic counts ranging from 2 to 2048. Running the model training process on a single Intel 2.4 GHz core for 10 655 patients and 256 topics requires ~1 GB of main memory and ~2 minutes of training time. Maximum memory usage and training time increases proportionally to the number of topics modeled, while the streaming learning algorithm requires more execution time but no additional main memory when processing additional training documents.

Evaluation

To evaluate the utility of the generated clinical topic models and determine an optimal topic count range, we assessed their ability to predict subsequent clinical orders. For a separate random selection of 4820 (~25%) validation patients, we isolated each use of a pre-existing human-authored order set within the first 24 hours of each hospitalization. We simulated production of an individually personalized, topic model-based "order set" at each such moment in time. To dynamically generate this content, the system evaluates the patient's available clinical data to infer the relative weight of relevance for each clinical topic, $P(Topic_j|Patient_k)$. With this patient topic distribution defined, the system can then score-rank a list of suggested orders by the probability of each order occurring for the patient:

$$P\left(Item_i|Patient_k\right) = \sum_{j=1}^{J} P\left(Item_i|Topic_j\right) * P\left(Topic_j|Patient_k\right)$$

We compared these clinical order suggestions against the "correct" set of orders that actually occurred for the patient within a followup verification time of t. Sensitivity analyses with respect to this followup verification time varied t from 1 minute (essentially counting only orders drawn from the immediate real order set usage) up to 24 hours afterwards. Prediction of these subsequent orders is evaluated by the area under the receiver operating characteristic curve (c-statistic) when considering the full score-ranked list of all possible clinical orders. Existing order sets will have N suggested orders to choose from, so we evaluated those N items vs the top N score-ranked suggestions from the topic models toward predicting subsequent orders by precision (positive predictive value) at N and recall (sensitivity) at N. We executed paired, 2-tailed t-tests to compare results with SciPy.[48]

RESULTS

Table 1 reports the names of the most commonly used human-authored inpatient order sets, while Table 2 reports summary usage statistics during the first 24 hours of hospitalization. Table 3 illustrates example clinical topics inferred from the structured clinical data. Figure 2 visualizes additional example topics and how patient-topic weights can be used to predict additional clinical orders. Figures 3 and 4 summarize clinical order prediction rates using clinical topic models vs human-authored order sets.

DISCUSSION

Complex clinical data like clinical orders, lab results, and diagnoses extracted from EHRs can be automatically organized into thematic structures through probabilistic topic modeling. These thematic topics can be used to automatically generate natural "order sets" of commonly co-occurring clinical data items, as illustrated in the examples in Table 3. Figure 2 visually illustrates how these latent topics can separate clinical items that are specific or general across varying scenarios, and how they can be used to generate personalized clinical

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Table 1: Most commonly used human-authored inpatient order sets

Use rate (%)	Size	Description
35.1	51	Anesthesia—Post-Anesthesia (Inpatient)
27.2	161	Medicine—General Admit
23.5	51	General—Pre-Admission/Pre-Operative
18.4	17	Insulin–Subcutaneous
15.7	28	General—Transfusion
9.3	13	General—Discharge
7.6	150	Surgery—General Admit
6.9	9	Emergency—Admit
6.1	224	Intensive Care—General Admit
5.9	147	Orthopedics—Total Joint Replacement
4.9	46	Pain—Regional Anesthesia Admit
4.4	80	Emergency—General Complaint
4.1	40	Anesthesia—Post-Anesthesia (Outpatient)
3.9	135	Orthopedics Trauma
3.9	9	Pain—Patient Controlled Analgesia
3.4	168	Psychiatry—Admit
3.3	132	Neurosurgery–Intensive Care
3.3	16	General—Heparin Protocols
3.0	39	Pain—Epidural Analgesia Post-Op
2.9	11	Insulin—Subcutaneous Adjustment
2.7	9	Lab—Blood Culture and Infection
2.6	155	Neurology—General Admit
2.5	169	Intensive Care—Surgery/Trauma Admit
2.4	9	Pharmacy—Warfarin Protocol
2.4	14	Insulin—Intravenous Infusion
. . .	. . .	. . .

Use rate reflects the percentage of validation patients for whom the order set was used within the first 24 hours of hospitalization. Size reflects the number of order suggestions available in each order set. Notably, these essentially all reflect nonspecific care *processes*, while scenario specific order sets (e.g., management of asthma, heart attacks, pneumonia, sepsis, or gastrointestinal bleeds) are rarely used.

order suggestions for individual patients. Suggestions have some interpretable rationale by indicating that a patient case in question appears to be "about" a given set of clinical topics (e.g., abdominal pain and involuntary psychiatric hold) and the suggested orders (e.g., serum acetaminophen level, Electrocardiogram (EKG) 12-Lead) are those that commonly occur for other patient cases involving those topics.

In the absence of a gold standard to define high-quality medical decision making, we must establish a benchmark to evaluate the quality of algorithmically generated decision support content. Human-authored order sets and alerts represent the current standard of care in clinical decision support. Figure 4 indicates that existing order sets are slightly better than topic model-generated order suggestions at

Table 2: Summary statistics for human-authored order set use within the first 24 hours of hospitalization for 4820 validation patients

Metric (per first 24 hours of each hospitalization)	Mean (std dev)	Median interquartile range
A: Order sets used	3.0	3
	(1.4)	(2, 4)
B: Orders entered (including non-order set)	32.7	30
	(15.7)	(22, 41)
C: Orders entered from order sets	13.3	12
	(7.9)	(8, 18)
D: Orders available from used order sets	129.0	130
	(47.5)	(102, 153)
E: Order set precision $=$ (C/D)	11%	9.5%
	(7.2%)	(6.3%, 13.8%)
F: Order set recall $=$ (C/B)	43%	42%
	(20%)	(28%, 58%)

Metrics count only orders used in the final set of 1512 preprocessed clinical orders after normalization of medication orders and exclusion of rare orders and common process orders.

anticipating physician orders within the immediate time period (< 2 h). This is, of course, biased in favor of the existing order sets since the evaluation time points were specifically chosen where an existing order set was used. This ignores other time points where the clinicians did not (or could not) find a relevant order set, but where an automated system could have generated personalized suggestions. Topic model-based methods consistently predict more future orders than the existing order sets when forecasting longer followup time periods beyond 2 hours.

On an absolute scale, it is interesting that manually produced content like order sets continues to demonstrate improvements in care[21,23,24,49] despite what we have found to be a low "accuracy" of recommendations. Table 2 indicates that initial inpatient care on average involves a few order sets (3.0), with a preference for general order sets with a large number of suggested orders (> 100), resulting in higher recall (43%) but low precision (11%). This illustrates that such tools are decision *aids* that benefit clinicians who can interpret the relevance of any suggestions to their individual patient's context.

Framed as an information retrieval problem in clinical decision support, retrieval accuracy may not even be as important as other aspects for real-world implementation (e.g., speed, simplicity, usability, maintainability).[26] Even if algorithmically generated suggestions were only as good as the existing order sets, the more compelling implication is how this can alter the production and usability of clinical decision support. Automated approaches can generate content spanning any previously encountered clinical scenario. While this incurs the risk of finding "mundane" structure (e.g., the repeated sub-diagnosis codes for diabetes and pulmonary embolism in Table 3), it is a potentially powerful unsupervised approach to discovering latent structure that is not dependent on the preconceptions of content authors. The existing workflow for pre-authored order sets requires clinicians to previously be aware of, or spend their time searching for, order sets

Table 3: Example clinical topics generated when modeling 32 topics from training patient data

Weight (%)	Clinical item	Weight	Clinical item	Weight	Clinical item
2.37	PoC Arterial Blood Gas	1.56	Insulin Lispro (Subcutaneous)	2.98	Culture + Gram Stain, Fluid
1.39	Team—Respiratory Tech	1.26	Metabolic Panel, Basic	2.42	Cell Count and Diff, Fluid
1.38	Lactate, Whole Blood	1.09	Dx—Diabetes mellitus (250)	1.59	Protein Total, Fluid
1.32	XRay Chest 1 View	1.08	Dx—DM w/o complication (250.0)	1.51	Albumin, Fluid
1.14	Blood Gases, Venous	1.03	Dx—DM not uncontrolled (250.00)	1.24	LDH Total, Fluid
1.00	Ventilator Settings Change	1.01	Hemoglobin A1c	1.10	Albumin (IV)
0.97	Blood Gases, Arterial	0.99	Diet—Low Carbohydrate	1.09	Glucose, Fluid
0.96	Vancomycin (IV)	0.91	CBC w/ Diff	0.84	Pathology Review
0.92	PoC Arterial Blood Gas B	0.91	Sodium Chloride (IV)	0.68	Team—Registered Nurse
0.88	Epinephrine (IV)	0.89	Diagnosis—Essential hypertension	0.67%	CBC w/Diff
0.88	Norepinephrine (IV)	0.82%	MRSA Screen	0.61	MRSA Screen
0.87	Central Line	0.75	Team—Registered Nurse	0.60	XRay Chest 1 View
0.86	Team—Medical ICU	0.73	Regular Insulin (Subcutaneous)	0.53	Albumin, Serum
0.84	Sodium Bicarbonate (IV)	0.73	XRay Chest 1 View	0.52	Metabolic Panel, Basic
0.81	MRSA Screen	0.67	Fungal Culture	0.51	Cytology
0.79	Hepatic Function Panel	0.66	Anaerobic Culture	0.50	Amylase, Fluid
0.76	Midazolam (IV)	0.66	Consult—Diabetes Team	0.47	Prothrombin Time (PT/INR)
0.73	Result—Lactate (High)	0.65	Team—Respiratory Tech	0.47	Midodrine (Oral)
0.73	Result—TCO2 (Low)	0.63	Admit—Thoracolumbar. . . (722.1)	0.47	Male Gender
0.72	NIPPVentilation	0.63	Admit—Lumbar Disp. (722.10)	0.42	Result—RBC (Low)
0.69	Result—pH (Low)	0.62	EKG 12-Lead	0.41	Sodium Chloride (IV)
	. . .		. . .		. . .
21	**"Intensive Care"**	**21%**	**"Diabetes mellitus"**	**16%**	**"Ascites/Effusion Workup"**
Weight	Clinical item	Weight	Clinical item	Weight	Clinical item
2.37	Team—Respiratory Tech	3.48	Cell Count and Diff, CSF	1.63	Lupus Anticoagulant
2.19	Nebulizer Treatment	3.28	Glucose, CSF	1.35	Dx—Pulmonary emb. . . (415.1)
1.64	Respiratory Culture	3.25	Protein Total, CSF	1.34	Dx—Pulmonary heart Dz (415)
1.29	Blood Culture (An)Aerobic	2.98	Culture and Gram Stain, CSF	1.34	Factor V Leiden
1.27	Team—Registered Nurse	0.95	Enterovirus PCR, CSF	1.33	Dx—Other PEmbolism (415.19)
1.26	Blood Culture (Aerobic x2)	0.74	West Nile Virus AB, CSF	1.16	Prothrombin 20210A
1.25	Droplet Isolation	0.63	Coccidioides AB, CSF	1.16	Homocysteine
1.20	Respiratory DFA Panel	0.61	Cytology	1.02	Protein C Activity
1.17	CBC w/ Diff	0.39	Zonisamide (Oral)	1.01	Protein S Activity
1.17	Vancomycin (IV)	0.34	Team—Neurology	0.72	Admit—PEmbolism (415.1)
1.08	Gram Stain	0.33	Cytology Exam	0.71	Admit—Pulm heart Dz (415)
1.01	Albuterol-Ipratropium (Inh)	0.24	Result—WBC, CSF (High)	0.69	Admit—Other PE (415.19)
0.98	Metabolic Panel, Basic	0.24	HSV PCR, CSF	0.66	Anti-Phospholipid AB Panel
0.90	XRay Chest 2 View	0.23	Cryptococcal AG, CSF	0.54	Methylprednisolone (Oral)
0.79	Prednisone (Oral)	0.20	Fungal Culture	0.52	Rapid HIV-1/2 AB
0.79	Sodium Chloride (IV)	0.13	Valproic Acid, Serum	0.33	Dx—Osteomyelitis (730.2)
0.77	Levofloxacin (IV)	0.10	IgA, Serum	0.29	Dx—Bone Infection (730)
0.77	Prothrombin Time (PT/INR)	0.08	Team—Neurology Consult	0.29	Warfarin (Oral)
0.72	Azithromycin (Oral)	0.08	Clonazepam (Oral)	0.29	Team—Registered Nurse
0.72	Pantoprazole (Oral)	0.07	ANA (Anti-Nuclear AB)	0.29	Partial Thromboplastin Time
0.71	Magnesium, Serum	0.07	Levetiracetam (Oral)	0.28	Factor VIII Assay
	. . .		. . .		. . .
16%	**"Pneumonia"**	**13%**	**"Neuro CSF Workup"**	**10%**	**"PE / Hypercoaguability Workup"**

The most prominent clinical items (e.g., medications, imaging, laboratory orders, and results) are listed for each example topic, with corresponding $P(Item_i|Topic_j)$ weights. The bottom rows reflect the percentage of validation patients with estimated $P(Topic_j|Patient_k) > 1\%$ along with our manually ascribed labels that summarize the largely interpretable topic contents.

Abbreviations: AB: Antibody, AG: Antigen, CBC: Complete blood count, CSF: Cerebrospinal fluid, Diff: Differential, Disp: Displacement, DFA: Direct fluorescent antibody, DM: Diabetes mellitus, Dx: Diagnosis, Dz: Disease, HSV: Herpes simplex virus, ICU: Intensive care unit, Inh: Inhaled, INR: International normalized ratio, IV: Intravenous, LDH: Lactate dehydrogenase, MRSA: Methicillin resistant Staphylococcus aureus, NIPPV: Noninvasive positive pressure ventilation, PE: Pulmonary embolism, PoC: Point-of-care, PCR: Polymerase chain reaction, RBC: Red blood cells, TCO2: Total carbon dioxide, WBC: White blood cells.

Figure 2: Example of 2 generated clinical topics plotted in a 2-dimensional space.
Only clinical orders are plotted, based on their prominence in each of the topics. The top left reflects clinical orders most associated with Topic$_Y$, with little association with Topic$_X$, suggestive of a workup for diarrhea and abdominal pain. The bottom right reflects clinical orders associated with Topic$_X$, suggestive of a workup for an intentional (medication) overdose and involuntary psychiatric hospitalization. The top right reflects common clinical orders that are associated with both topics. For legibility, items whose score is < 0.2% for both topics are omitted and only a subsample of the bottom-left items are labeled. The diagonal arrow represents a hypothetical patient inferred to have P(Topic$_X$|Patient$_k$) = 80% and P(Topic$_Y$|Patient$_k$) = 20%. The dashed lines reflect orthogonal P(Item$_i$|Patient$_k$) isolines to visually illustrate how clinical order suggestions can be made from such a topic inference. In this case, orders farthest along the projected patient vector (e.g., serum acetaminophen) are predicted to be most relevant for the patient.
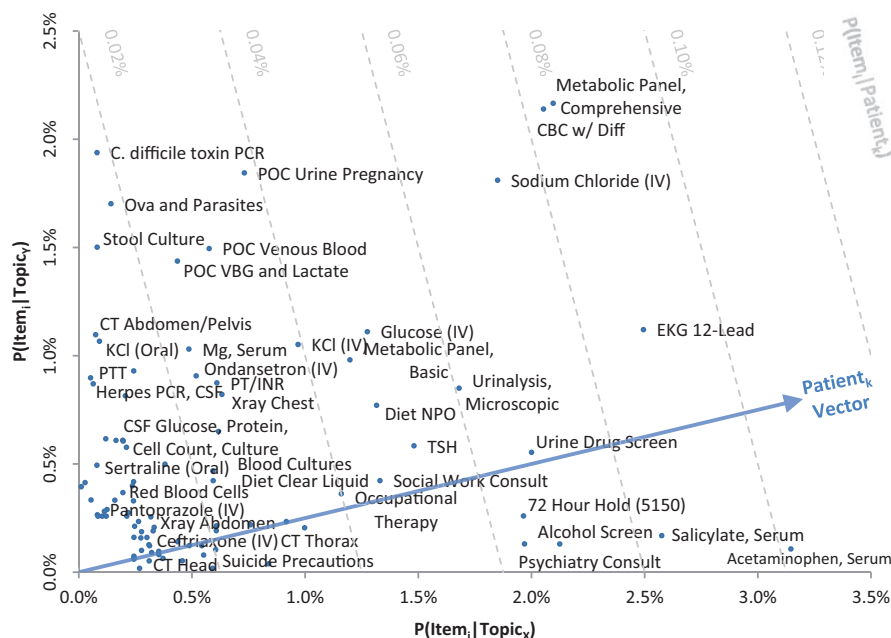

Figure 3: Topic count selection.
Average discrimination accuracy (ROC AUC) when predicting additional clinical orders occurring within t followup verification time of the invocation of a pre-authored order set during the first 24 hours of hospitalization for 4820 validation patients. Predictions based on Latent Dirichlet allocation (LDA) topic models trained on 10 655 separate training patients. The standard LDA algorithm requires external specification of a topic count parameter to indicate the number of latent dimensions by which to organize the source data, which varies along this X-axis from 2 to 2048. Peak performance occurs around a choice of 32 topics, degrading once attempting to model > 64 topics.
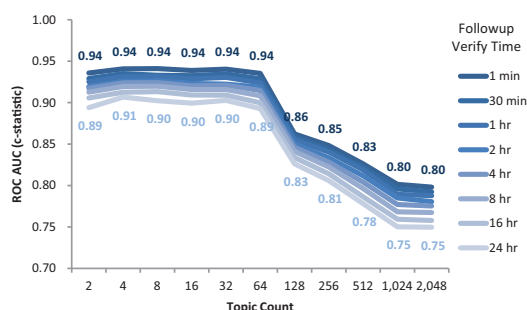
relevant to their patient's care. Table 1 illustrates that clinicians favor a few general order sets focused on provider processes (e.g., admission, insulin, transfusion), while they rarely use order sets for patient-focused scenarios (e.g., stroke, sepsis). With the methods presented here, automated inference of patient context could overcome this usability barrier by inferring relevant clinical "topics" (if not specific clinical orders) based on information already collected in the EHR (e.g., initial orders, problem list, lab results). Such a system could present related order sets (human-authored or machine-learned) to the clinician without the clinician ever having to explicitly request or search for a named order set. The tradeoff for these potential benefits is that current physicians are more likely comfortable with the interpretability and human origin of manually produced content.

Most of the initial applications of topic modeling have been for text document organization.[33–35] More recent work has applied topic modeling and similar low-dimensional representations to clinical data for the unsupervised determination of clinical phenotypes[38] and concept embeddings,[40] or as features toward classification tasks such as high-cost prediction.[39] Other efforts to algorithmically predict clinical orders have mostly focused on problem spaces with dozens of possible candidate items.[50–53] In comparison, the problem space in this manuscript includes over 1000 clinical items. This results in substantially different expected retrieval rates,[54] even as the latent topics help address data interpretability, sparsity, and semantic similarity. While there is likely further room for improvement, perhaps with other graphical models specifically intended for recommender

Figure 4: (**A**) Topic models vs order sets for different followup verification times. For each real use of a preauthored order set, either that order set or a topic model (with 32 trained topics) was used to suggest clinical orders. For longer followup times, the number of subsequent possible items considered correct increases from an average of 5.4–20.6. The average correct predictions in the immediate timeframe is similar for topic models (3.2) and order sets (3.8), but increases more for topic models (9.3) vs order sets (6.7) when forecasting up to 24 hours. At the time of order set usage, physicians choose an average of 3.8 orders out of 54.8 order set suggestions, as well as $1.6 = (5.4 - 3.8)$ a la carte orders. (**B**) Topic models vs order sets by recall at N. For longer followup verification times, more possible subsequent items are considered correct (see 4A). This results in an expected decline in recall (sensitivity). Order sets, of course, predict their own immediate use better, but lag behind topic model-based approaches when anticipating orders beyond 2 hours ($P < 10^{-20}$ for all times). (**C**) Topic models vs order sets by precision at N. For longer followup verification times, more subsequent items are considered correct, resulting in an expected increase in precision (positive predictive value). Again, topic model-based approaches are better at anticipating clinical orders beyond the initial 2 hours after order set usage ($P < 10^{-6}$ for all times). (**D**) Topic models vs order sets by ROC AUC (c-statistic), evaluating the full ranking of possible orders scored by topic models or included/excluded by order sets ($P < 10^{-100}$ for all times).
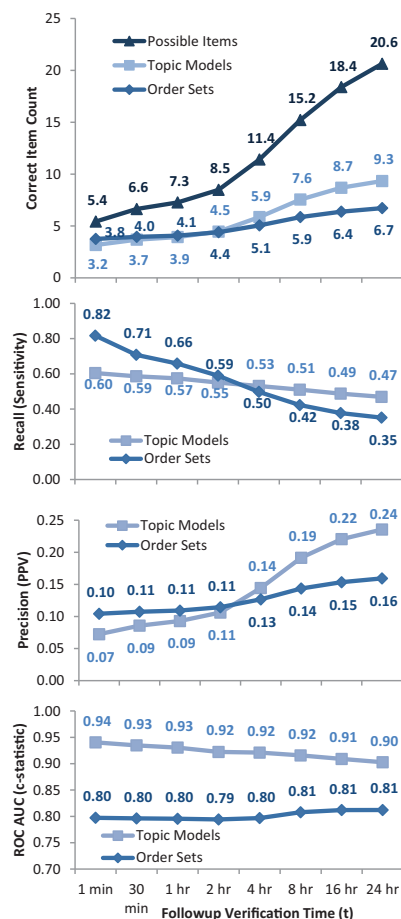
Table 4: Summary of relative tradeoffs between manually authored order sets vs algorithmically generated order suggestions

Aspect	Order sets	Topic models
Production	Manual development	Automated generation
Construction	Preconceived concepts	Underlying data structure
Usability	Interruptive workflow	Passive dynamic adaption
Applicability	Isolated scenarios	Composite patient context
Interpretability	Annotated rationale	Numerical associations
Reliability	Clinical judgment	Statistical significance

applications,[55] our determination of order set retrieval rates contributes to the literature by defining the state-of-the-art real-world reference benchmark for this and any future evaluations.

Limitations of the LDA topic modeling approach include external designation of the topic count parameter. Similarly, while we used default model hyperparameters that assume a symmetric prior, this may affect the coherence of the model.[56] Hierarchical Dirichlet process[57] topic modeling is an alternative nonparametric approach that determines the topic count by optimizing observed data perplexity;[58] however, this may not align with the application of interest. Validating against a held-out set of patients allowed us to optimize the topic count against an outcome measure like order prediction. Precision and recall is optimized in this case with approximately 32 topics of inpatient admission data. Another key limitation is that the standard LDA model interprets data as an unordered "bag of words," which discards temporal data on the sequence of clinical data. Our prior work noted the value of temporal data toward improving predictions.[59] This could potentially be addressed with alternative topic model algorithms that account for such sequential data.[60]

Another limitation of any unsupervised learning process is that it can yield content with variable interpretability. For example, while we manually ascribe labels to the topics in Table 3, the contents are ultimately defined by the underlying structure of the data and need not map to preconceived medical categorizations. This is reflected in the presence of items such as admission diagnoses of thoraco-lumbar disc displacement, osteomyelitis, and tests for rapid Human Immunodeficiency Virus (HIV) antibodies that do not seem to fit our artificial labels. From an exploratory data analysis perspective, however, this may actually be useful in identifying latent concepts in the clinical data that could not be anticipated prospectively. When we discarded rare clinical items (< 256 instances), we may also have lost precision on the most important data elements. As noted in our prior work, this design decision trades the potential of identifying rare but "interesting" elements in favor of predictions more likely to be generally relevant and that avoid statistically spurious cases with insufficient power to make sensible predictions.[61]

Organization of clinical data through probabilistic topic modeling provides an automated approach to detecting thematic trends in patient care. A potential use case illustrated here finds related clinical orders for decision support based on inferred underlying topics. This has the general potential for clinical information summarization[13,62] that dynamically adapts to changing clinical practices,[63] which would otherwise be limited to preconceived concepts manually abstracted out of potentially lengthy and complex patient chart reviews. Such

algorithmic approaches are critical to unlocking the potential of large-scale health care data sources to impact clinical practice.

CONTRIBUTORS

JHC conceived the study and design, and implemented the algorithms, performed the analysis, and drafted the initial manuscript. MKG, SMA, LM, and RBA contributed to analysis design and manuscript revisions, and supervised the study.

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The authors have no competing interests to declare.

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